

Introduction to the Family Discussion Kits



The Family Discussion Kits will help parents/caregivers to:

- Introduce to their children important topics such as diversity, equity, inclusion, identity, prejudice, racism, and activism in age-appropriate terms
- Help their children explore their identity and learn more about diverse voices
- Teach their children about what diversity means and why it is important to respect and celebrate the differences in all people
- Inform their children about ways they can get involved in activism to promote social justice causes
- Research further by visiting other recommended resources

Each Family Discussion Kit contains:

- Parent/Caregiver Guide
- Recommended book lists and discussion questions
- Age-appropriate activities for children to explore their identity and learn about diverse voices
- “Kids Can Help End Racism” educational activities workbook (only available in physical kits at the library)
- Information and resources for parents/caregivers to learn more about how to talk to their children about diversity, equity, and inclusion topics



Parent/Caregiver Guide

- [0-3 Year Olds](#)
- [3-5 Year Olds](#)
- [6-11 Year Olds](#)

Glossary of Key Terms

- Contains age appropriate definitions of important terms

Ages 4-7

Identity & Belonging

- [Book Discussion Questions](#)
- [You Belong](#)
- [I Am Somebody](#)
- [I Am Somebody \(Giant Song\)](#)
- [Welcome to Sesame Street, Wes and Elijah!](#)
- [Beautiful Me](#)
- [Lulu the One and Only](#)

Immigration & Refugees

- [Book Discussion Questions](#)

Joy & Self-Love

- [Book Discussion Questions](#)
- [Joyful Moments](#)
- [Move It Out](#)

Solidarity & Activism

- [Book Discussion Questions](#)
- [Little Neighbors: Building a Better World Together](#)
- [8 Tips for Talking to Your Child about Racial Injustice](#)
- [10 Tips for Teaching and Talking to Kids about Race](#)
- [How to Celebrate Juneteenth](#)

Ages 8-11

Identity & Belonging

- [Book Discussion Questions](#)
- [Discovering My Identity | Learning for Justice](#)
- [Pronoun Guide](#)

- [Gender studies are for everyone!](#)
- [Gender Triangle Education Guide](#)
- [Genderbread Person](#)
- [Identity Flower](#)

Immigration & Refugees

- [Book Discussion Questions](#)
- [America's Foreign-Born Population](#)

Justice & Systemic Racism

- [Book Discussion Questions](#)

Solidarity & Activism

- [Book Discussion Questions](#)
- [Discussion Guide for Unspeakable: The Tulsa Race Massacre](#)
- [How to Celebrate Juneteenth](#)
- [Activism Online | Learning for Justice](#)
- [Taking Action Online](#)
- [8 Tips for Talking to Your Child about Racial Injustice](#)
- [10 Tips for Teaching and Talking to Kids about Race](#)
- [How to Talk to Kids About Microaggressions](#)