



Virtual Help for Patients, Survivors, and Caregivers

The American Cancer Society offers virtual support to help you through diagnosis, treatment, and survivorship. Below are some of the resources we provide.

Video chat with ACS helpline staff

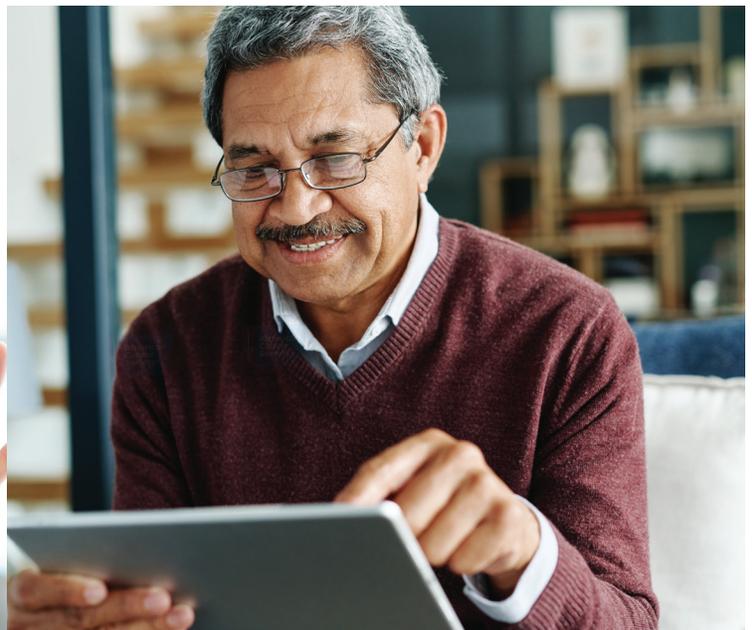
You can connect with our trained, caring helpline staff in several ways, including video chat. During a video chat, you can ask questions and get accurate, up-to-date cancer information to help you make informed health decisions. We can also connect you with American Cancer Society programs and services and provide referrals to other national resources.

To video chat with us, you will need a computer, smartphone, or tablet with a webcam and an internet connection. Our video chat services are done by appointment. To schedule a video chat, visit cancer.org/videochat.

If you need to connect with us immediately, you can always call us at **1-800-227-2345** or go to cancer.org and select the “live chat” link. We can assist in English, Spanish, and more than 200 other languages via a translation service.

Support for survivors and loved ones

Our Cancer Survivors NetworkSM (CSN) is a safe online community where survivors and caregivers share their stories, ask questions, and get support from each other. With a chatroom and over 40 discussion boards, CSN allows you to connect with others who have a similar cancer experience.



“I have received so much love and support from my friends in the Cancer Survivors Network. They are my lifeline.”

– *Cancer Survivors Network member*

CSN members can also send private messages to other members, build their own support network, post blogs, and more. To register for a free CSN account, visit csn.cancer.org.

Connect with a breast cancer survivor

If you have breast cancer, you may want to connect with someone who knows what you’re experiencing – someone who has “been there.” Through the American Cancer Society Reach to Recovery program, you can connect online with a trained volunteer who has survived breast cancer and understands what you are going through. Our volunteers provide one-on-one support to help those facing breast cancer to cope with diagnosis, treatment, side effects, talking with friends and family, and more.

On the Reach To Recovery website and mobile app, you can create an online profile and match with a volunteer who has experienced a similar type of breast cancer, stage, and treatment.

To learn more, visit reach.cancer.org or search for **ACS Reach To Recovery** on Google Play or the App Store.



Hair-loss and mastectomy products

The American Cancer Society's "tlc" Tender Loving Care® program helps women with appearance-related side effects by offering a variety of affordable wigs, hats, and scarves as well as a full range of mastectomy products. You can purchase hair-loss and mastectomy products from the privacy of your own home by visiting [tlcdirect.org](https://www.tlcdirect.org).

“I smiled, looking in the mirror for the first time in two years ...”

– *tlc customer*

On the website, you can explore products by category (*wigs, headwear, or mastectomy*) and read helpful articles about cancer-related topics. If you don't have access to the website, items can also be purchased by calling **1-800-850-9445**.

PROGRAMS MAKING A DIFFERENCE

“My Reach To Recovery volunteer was very helpful, and made me feel like everything I'm feeling is completely normal.”

– *Breast cancer survivor*

“I am so thankful for your website. It is so much easier to shop from my home. You also have a great selection to choose from.”

– *tlc customer*

